



MIDDLE SCHOOL AFTER-SCHOOL ACTIVITIES AND **ATHLETICS**



Third Quarter 2018-2019

Welcome to the Middle School After-School Activities & Athletics Program at AISD. This brochure provides information concerning the activities that are available to middle school students before and after school this quarter. Each quarter these details will be sent to both students and parents via email, but will also be available in the Shamachar, and on the 3rd floor rotunda bulletin boards.

Sign-ups for Athletics (Boys Badminton & Girls Soccer), and other After School Activities (ASA) will begin Monday, January 14th. MS sports will begin on Monday January 21st, while all other ASA will start the week of January 27th. Students will be sent instructions and a Google form via their AISD Gmail account to sign up for any and all activities. A list of students who signed up for activities and athletic teams will be posted on the 3rd floor rotunda bulletin board before activities begin.

Activities are available to all students in **sixth-eighth** grade and are **free of charge** for students. Transportation to and from school is provided for weekday activities (Sunday-Thursday) to those students who live in the Gulshan, Banani, and Baridhara neighborhoods. Transportation is NOT provided on weekends (Fridays and Saturdays). The MS ASA bus departs school at 5:10 pm each school day except Tuesdays when buses depart at 5:00.

Students will have an opportunity to get involved in a variety of after school activities. The program is structured to allow student to participate in academic clubs, athletic clubs and music clubs with different offerings each day. Academic clubs are offered on Sundays and Thursdays, athletic clubs on Mondays and Wednesday, and music clubs on Tuesday.

All ASA will run from:

3:45 – 5:00 Sun, Mon, Wed, Thurs.
3:30 – 4:45 Tuesday

ASA Focus for 2018-2019 (Not including SAISA):

Sundays – Academic
Mondays – Athletic
Tuesdays – Academic/Music
Wednesdays – Athletic
Thursdays – Academic/Creative/Other

Parents MUST complete the Permission to Participate in Sports Activities Form for all sports-related activities, which are marked with an asterisk (*). This needs to be completed only once in order for a student to participate for the entire school year. This form can be found on the last page of this document. It will also be available in the MS PE Office, and the Activities Office. It is requested that all parents complete and submit the form to Mr. Alwert either electronically, or as a hard copy, by the end of the first week of practice.

ATHLETICS

Monday and Wednesday 3:45pm-5:00pm

MS GIRLS SOCCER

The focus of these training sessions will be on the development of skills, knowledge and teamwork. Some games may be arranged during the season against other schools. The season ends with a tournament at AISD. This is a great way to make new friends, be active and get prepared for being on the SAISA team later in high school.

Coaches: Mr. Earnest, Ms. Hunter

Days and Time: Monday and Wednesday from 3:45pm to 5:00pm

Location: Field

Dates: January 21st – March 9th

Tournament: March 9th

MS BOYS BADMINTON

The focus of these training sessions will be on the development of skills, knowledge and teamwork. Some games may be arranged during the season against other schools. The season ends with a tournament at AISD. This is a great way to make new friends, be active and get prepared for being on the SAISA team later in high school.

Coaches: Mr. Mansell, Mr. Hautala

Day and Time: Monday and Wednesday from 3:45pm to 5:00pm

Location: Gym A and Gym B

Dates: January 21st – March 9th

Tournament: March 9th

SAISA TRACK AND FIELD

Begins February 11th. Sign-ups will take place at a later date for this activity. Practices **will not** conflict with MS athletics and you are welcome to participate in both activities.

Coaches: Mr. Rank, Mrs. Locke, and Mrs. Tilley

Days and Time: Schedule will be released at a later date

Location: Field

Dates: February 11th – April 14th

Tournament: April 10th – April 14th at American International School Chennai

Cricket (Continues until Feb. 9th)

This ASA is designed for students who have an interest in developing their Cricket skills.

Instructor: Mr. Talal

Days and Time: Tuesday (7:00am - 8:50am), and Saturday (1:00pm – 4:00pm)

Location: Field

Dates: October 25th – February 2nd

Tournament: February 9th, 2019

SUNDAY

Academic Clubs
Time: 3:45pm-5:00pm

Model United Nations (MUN)

Instructor: Ms. Bashir, Mr. Kliner
Location: C302

Middle School Model United Nations (MUN) presents a simulation of the purpose and function of the UN. Students engage in the actual process of drafting resolutions and debating their merit. MUN can help in the development of skills such as debating, public speaking, diplomacy, and research.

No supplies required but there is a cost component for students who attend the conference. Some students will attend the ASA but not attend the conference, as there are a limited number of delegates that can be taken. Attendance at the conference will be determined by attendance at, and preparation for, Sunday sessions. It is important that students wishing to attend the conference display positive participation, an ability to collaborate, punctuality, effort, a willingness to help others, and a decorum that reflects the spirit of MUN.

- Cost assessed will include: Conference registrations fees, travel, food, accommodation
- The conference will have 10-15 delegates, but the ASA can accommodate 25

Project Runway

Instructor: Ms. Taylor
Location: Band Room

Do you have an eye for fashion? Students will design their own creations and then show off on a red carpet runway show! Open to students in grades 6-8.

Week 1: Turn a trash bag into a fashion statement!

Week 2: T-Shirt Cut Up!

Week 3: Up-cycle an old garment!

Week 4: All about accessories: jewelry, belts, and more!

Week 5: Duct Tape Challenge

Week 6: Fashion Show

IFTTT (IF This Then That)

Control your tech, information, notifications, and world!

Instructor: Mr. Brooker

Location: To Be Announced

Do you think Jarvis is pretty cool? Want to know when Ninja goes live on twitch with celeb Fortnite? Want Alexa to match the lights to the music? Want to set an alert notification when the international space station passes over your house? Want to automatically make Siri dictate notes to Trello and then add to Google Tasks? Want to automatically back up photos you're tagged in to your iOS photo album? Want to have automatic reminder notices for homework, but only for one teacher...and on days that start with a 'T'? Want to get new videos from your favorite channel in a weekly email? Want to know how much time you spend studying...instantly and easily? Want your toaster to make you toast 7.34 minutes after you wake up?

If you can't already do this then...I am not joking...you will be able to do all this after one after school session (well, large chunks of it). If you can already do this - then join us and show off!

The real challenge will be...what do you want to do next!

TUESDAY

Academic/Music Clubs
Time: 3:30pm-4:45pm

Art Club

Instructor: Mr. Rajan
Location: A312

Come and explore different art supplies in art class and create art! You don't need to be an art student or have any prior experience in art to join the club. Just bring your passion for art!

MS/HS Combined Jazz Band

Instructor: Ms. Taylor
Location: Music Room

The AISD Tiger Jazz Band is open to all secondary students, grades 6-12 with prior instrumental experience. Instrumentation includes sax, trumpet, trombone, piano, guitar, bass, drum set, and auxiliary percussion. The band rehearses every Tuesday, 3:30-4:45. The Jazz Band performs at school and community events.

THURSDAY

Academic/Creative/Active Clubs
Time: 3:45pm-5:00pm

Table Tennis

Instructor: Mr. Ruffer

Location: Gym B

Come and learn the skills to be a great ping-pong player! All skill levels (Beginner, Moderate, High) are welcome, as students will get many opportunities to practice and play in Singles and Doubles matches as well as develop other physical skills. Some benefits include: increased eye-hand coordination, increased heart rate, muscular strength and confidence. See you there!

Homework Support Hour

Instructor: Ms. Tsai, Ms. Aqid

Location:

This is for students who wish to get some support with their homework assignments. This is a quarterly commitment.

Design Technology Club: Laser Cutting, Vinyl Plotting, and 3D Printing

Instructor: Mr. Nicol

Location: A309

Students will get to design and make their own products using the laser cutter, vinyl plotter, and 3D laser printer. They will learn how to use Adobe Illustrator to design their files, which they will then laser cut and engrave from plastic and wood. Students will learn how to make vinyl stickers to decorate their products using the CAD/CAM vinyl plotter. New this quarter will be the opportunity to create designs using the 3D printer.

Cooking Club

Instructor: Ms. Lozano

Location: C113

Come and learn how to cook Spanish, Italian, and European cuisine with Ms. Lozano. This club will be limited to the first 8 students who would like to join.

***Permission to Participate in Sports Activities**

I give permission for my child, _____, Grade: _____, to participate in the AIS/D middle school sports program (***this form, filled out once, will cover all sports your child may be involved in this year***). I understand that his/her participation may subject him/her to the normal risks associated with sports activities. I also understand that the school will provide reasonable supervision of this activity. Nevertheless, those supervisors and/or the school in general cannot be held accountable for any injuries that may occur. The school does not carry medical insurance or insurance for other costs arising from accidents that may occur through no fault or negligence of the school. It is recommended that parents review their medical insurance and ensure adequate coverage is provided. In signing this permission slip, I authorize school personnel to take reasonable action to safeguard the health and wellbeing of my child, including administering first aid and, if necessary, obtaining emergency medical treatment. I understand the school will make every effort to contact me in the event professional medical treatment is required.

CONTACT INFORMATION

PARENT'S NAME: _____

CONTACT: _____
Office/Cell Phone Home Phone

EMERGENCY CONTACT'S NAME: _____

CONTACT: _____
Office/Cell Phone Home Phone

HEALTH AND FITNESS CERTIFICATION

I, _____ (parent), certify that _____ has been examined by a physician in the past 12 months and he/she was found physically able to participate fully in sports activities such as this one during the school year.

Signature: _____

Date: _____